



# See, Make & Do is Supported by:



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

**NEWANGLIA**  
Local Enterprise Partnership  
for Norfolk and Suffolk



# See, Make & Do

## This February half-term

Six of the East of England's most exciting arts spaces are coming together this February half-term to present a variety of hands-on, cost-free\*, family-friendly activities.

Whether that be...

holding a tune at Snape Maltings

getting scientific at The Red House

throwing shapes at DanceEast

crafting costumes at the Norwich Theatre Royal

applying gory stage make-up at New Wolsey Theatre

or building your very own book at the National Centre for Writing

there's something new to **See, Make & Do** for all ages this half-term.

All materials will be supplied along with expert support and tuition. Plus, there will be goodie bags to take home at the end of each activity day.

What's more, a low-cost meal deal, or the opportunity to bring your own packed-lunch, will be on offer at every venue.

\*all See, Make & Do daytime activities are cost-free. However, this offer does not extend to previously scheduled ticketed performances or activities

For further information, please visit [visiteastofengland.com/see-make-do](http://visiteastofengland.com/see-make-do)



Snape Maltings is the home of the world-renowned Aldeburgh Festival and Snape Proms, as well as a year-round series of prestigious concerts and events.

### Snape Maltings

Snape, Saxmundham,  
IP17 1SP

Box Office: 01728 687110  
snapemaltings.co.uk



# Snape Maltings

**From Saturday 15 February  
all day from 10am**

## Nature Trail

Pick up a Nature Trail map from our Visitor Centre or Little Rascals shop and find our friends around Snape Maltings. The Nature Trail ends in Little Rascals where there's a chance to complete our fun activity sheets and enter our free prize draw. Have fun!

**Free drop-in activity**

## Have-a-Go Crafts

Creative and colourful play for all ages in our Little Rascals shop. Come along and try some of our best-selling craft kits.

**Free drop-in activity**

## Storytelling

Drop into Little Rascals to listen to some of our favourite authors reading from their very own stories.

**Free drop-in activity**

**Friday 21 February 4pm**

## Aldeburgh Young Musicians Open Session

The international Beethoven Pastoral Project reflects the relationship between creativity and nature, and current concern about environmental neglect. AYM explore these topics in music, composition and performance.

**Tickets** £6

**Wednesday 19 February  
10am - 4pm**

## Sing with Group A

An opportunity for young people aged 8-18 to try singing with Group A: a free vocal group for young people in Ipswich and Lowestoft which is run by Snape Maltings.

**Tickets** Free, but let us know if you're coming by emailing [learning@snapemaltings.co.uk](mailto:learning@snapemaltings.co.uk)

**St Margaret's Church Centre**  
22 Bolton Lane, Ipswich, IP 2BT  
[stmargaretsipswich.org.uk/  
church-centre/](http://stmargaretsipswich.org.uk/church-centre/)

The Red House was the home of Aldeburgh Festival founders, composer Benjamin Britten and his partner the celebrated tenor Peter Pears. The house is now the base for the Britten-Pears Foundation, which promotes Britten's music and his work with Pears.

### The Red House

Golf Lane, Aldeburgh,  
IP15 5PZ

Tel: 01728 451700  
brittenpears.org

# The Red House

**Monday 17 February**

## Puppet Play

Did you know that Britten wrote music for animations? Spend the morning at The Red House and enjoying a gallery puppet show, followed by a session of fun play and puppet making.

**Tickets** £2 per child, adults Free

**Wednesday 19 February**

## Science Day

How do we hear music and sounds? With lots of fun experiments for under 5s, you can learn about sound and music through science play and storytelling.

**Tickets** £2 per child, adults Free

**Tuesday 18 February**

## Garden Adventures

What can you find hidden within The Red House Gardens? Enjoy a well-loved story as you explore the beautiful gardens of The Red House, then work together to create your own garden scene.

**Tickets** £2 per child, adults Free

**Thursday 20 February**

## Colour Fun

Explore the colours of The Red House gallery with an interactive story followed by a play session and colour craft activities.

**Tickets** £2 per child, adults Free

**Friday 21 February**

## Mini Music Makers

Music and Fun for Under 5s

**Tickets** Free

All events at The Red House  
are 10am - 11.30am



Located on the Ipswich Waterfront within the Jerwood DanceHouse, DanceEast is one of the UK's leading dance organisations. The state-of-the-art facility hosts over fifty classes and courses, while presenting a diverse programme of ground-breaking performances.

### DanceEast

Jerwood DanceHouse,  
Foundry Lane, Ipswich,  
IP4 1DW

Tel: 01473 295230  
danceeast.co.uk

# DanceEast

**Thursday 20 February 10.30am**

## Creative Crafts and Dance Family Workshop

Learn how to make Ghungroo bells, a musical anklet tied to the feet of classical Indian dancers, and make your own ready to hit the studio for a fun, creative dance class for the whole family to enjoy together.

Under 7s and their families

**Free - booking required**

**Thursday 20 February 1pm**

## Family Storytelling Workshop

Come and listen to our captivating storyteller in a session for the whole family, themed around family histories and memories. Take time to share your own family memories and listen to the stories of others.

7+ and their families

**Free - booking required**

**Friday 21 February 2.30pm, 7.30pm**

**Saturday 22 February 2.30pm**

## Chotto Xenos - Akram Khan Company

How does war begin? And how does it end? It depends on who is telling the story. Inspired by Akram Khan's award-winning solo performance, Xenos, Chotto Xenos will take young audiences back in time, exploring the often forgotten and untold stories of World War I colonial soldiers, in order to shine light on our present and future.

8+ years

**Tickets** from £10, £7 concessions, £30 family ticket

**Saturday 22 February 12 noon**

## Akram Khan company Workshop

The workshop will begin with a playful warm up and will develop into a creative dance session exploring the key themes of Chotto Xenos using storytelling, dance, music and movement.

7 - 11 years

**Free - booking required**



Dancer and  
Choreographer

# Akram Khan



**Akram Khan MBE is a London-born dancer and choreographer of Bangladeshi descent. Akram and his company have collaborated with the likes of Kylie Minogue and Florence and the Machine, as well as performing at the London Olympics opening ceremony.**

**The world premiere of Akram Khan's Chotto Xenos - a child-friendly reimagining of his hugely successful solo show XENOS - is being staged at DanceEast on Friday 21 February.**

**See, Make & Do is all about getting families to experience the arts and explore their creativity. What inspired you to follow a career in the arts?**

To be honest with you, my parents, especially my mother. Without my parents, it would have been really difficult. I wouldn't be here in the arts today, if they were not so supportive with my dream.

**What's the best piece of advice you received on your way up?**

Don't expect, just do. The moment you expect reward, it contaminates the doing of it. If there's a purity to the doing, then what you expect may come.

**What advice would you give to anyone starting out on a creative journey?**

Don't just focus on the form which is your world. Listen to the whole world around you, because that will feed back into your form. Creativity lies in everything, in everything you see and experience. Don't go tunnel vision.

**When you get stuck on a creative problem, how do you find a solution?**

When I get stuck on a creative problem, an obstacle, I try to go through it, not around it – and I do it with the help of my collaborators. If you ignore the problem, it doesn't disappear and eventually it will reveal itself on stage, and then you're in trouble.

**If you had the time, what new creative project would you like to pursue?**

I would like to go to villages in rural parts of the world to work with nomads and pygmies, to learn from them about the world. I think [in the west] we're in a plastic world right now. I would love to experience being amongst tribes that are interconnected to nature, a bit like being an anthropologist.

With a history spanning over 250 years, the Norwich Theatre Royal is one of the East's largest and most successful theatres. Over 400,000 people attend annually to enjoy around 400 performances, including West End tours, opera, dance and comedy.

Sister theatre the Norwich Playhouse is a 300-capacity arts performance space.

### Norwich Theatre Royal

Theatre Street, Norwich  
NR2 1RL

Tel: 01603 630000  
theatreroyalnorwich.co.uk

### Norwich Playhouse

42-58 St George's Street,  
Norwich, NR3 1AB

Box office: 01603 598598  
norwichplayhouse.co.uk

# Norwich Theatre Royal

**Thursday 13 & Friday 14  
February 10.30am & 1pm**

**Saturday 15 & Sunday 16  
February 11am & 1.30pm**

## Room on the Broom

Jump on board the broom with the witch and her cat in this fun-filled adaptation of the best-selling picture book by Julia Donaldson and Axel Scheffler.

3+ years

**Tickets** £11.50, £8.50  
Norwich Playhouse

**Tuesday 18 – Saturday 22  
February**

## The Red Shoes by Matthew Bourne / New Adventures

Based on the Hans Christian Andersen fairytale and the classic Powell & Pressburger movie, The Red Shoes is a tale of obsession, possession and one girl's dream to be the greatest dancer in the world. A sell-out before its world premiere in 2016, Matthew Bourne's triumphant adaptation returns after winning two Olivier Awards.

5+ years

**Tickets from** £10

**Monday 17 – Friday 21 February  
from 10am**

## Hans Christian Andersen Trail

Pick up clues from box office and learn more about the stories of Hans Christian Andersen.

5+ years

**Free drop-in activity**

**Monday 17 February 10am – 3pm**

## Play Your Way

Pick up a craft or colouring activity, delve into the dressing up box, explore children's books, create your own stories with puppets.

2+ years

**Free drop-in activity**

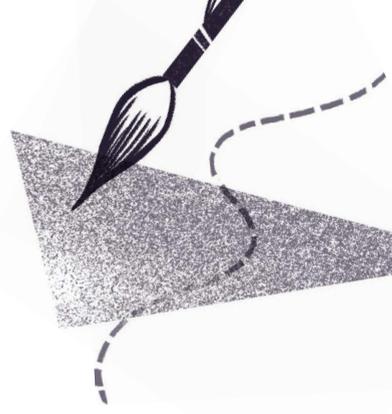
**10am**

## Family Dance and Movement

This playful workshop includes movement games, expressive movement and taught choreography as well as the chance to create your own moves together!

6+ years

**Free - booking required**



**10am & 11.30am**

## Family Crafts and Costumes

Themed craft activities and dressing up. Come and make dancing puppet characters.

6-11 years plus grown-ups

**Free - booking required**

**2pm**

## The Wizard of Oz film screening

Dorothy Gale is swept away from a farm in Kansas to the magical land of Oz in this 1939 classic.

Certificate U

**Free - booking required**

**Thursday 20 February**

**10am & 11.30am**

## Imagination Workshops

Theatre based activities inspired by Hans Cristian Anderson classics. No adults allowed!

5 -7 years & 8-11 years

**Free - booking required**

**Friday 21 February 10am**

## Tot's Tales - Red is Best

Interactive session of storytelling, music and play.

2-4 years

**Free - booking required**

**10am & 11.30am**

## Family Crafts and Costumes

Themed craft activities and dressing up. Come and make dancing puppet characters.

6-11 years plus grown-ups

**Free - booking required**

**10am - 3pm**

## Play Your Way

Pick up a craft or colouring activity, delve into the dressing up box, explore children's books, create your own stories with puppets.

2+ years

**Free drop-in activity**



The National Centre for Writing in Norwich celebrates and explores the artistic and social power of creative writing and literary translation, through a programme of innovative collaborations with writers, literary translators and readers.

The centre led the successful bid for Norwich to be granted the UNESCO City of Literature title in 2012.

### National Centre for Writing

Dragon Hall, 115-123 King Street, Norwich, NR1 1QE

Tel: 01603 877177  
nationalcentreforwriting.org.uk

# National Centre For Writing

**Wednesday 19 February  
from 10am**

## Family Open Day

Come and explore the Book Nook and listen to stories being read aloud in the Great Hall. Visit our pop-up library where you can simply sit, read and enjoy some quiet time. If you really love one of the books you can even take it home to keep, for free! Parents and carers can also pick up a Neverending Stories resource pack, with tips and tricks to bring storytelling into your home. Drop by and listen to the Joe Joe stories, make a bookmark and discover what's inside the Joe Joe story sacks.

Pick up a free Dragon Hall activity pack which will help you discover the secrets of its rooms.

**Free drop-in activity**

**10.30am & 2pm**

## Build Your Own Book

Activity with writer and illustrator Rose Feather. Let's squeeze Dragon Hall into a book. What would that book look like? How would the chimneys fold out, and the staircases fold in? Over 1.5 hours, we'll hear about the families who lived in the hall 180 years ago and build a book of stories about them together.

All ages

**Free - booking required**  
capacity: 20 people

**11am & 2pm**

## Workshop with writer / illustrator, Gillian McClure

Author and illustrator Gillian McClure will be inspiring children to enter the magical sea world of her best-selling picture book *Selkie* and create a story character of their very own with the help of sketch books and puppets.

Ages 5-10 and parents

**Free - booking required**  
capacity: 20 people



Children's author and  
Illustrator

Gillian

# McClure



**Author and illustrator Gillian McClure is a creator of picture books, including *Dog on Wheels*, *Mouse in the House* and *We're Going to Build a Dam*. Her book *Selkie* won the US Parent's Guide to Children's Media Award for Outstanding Achievement in Children's Books.**

**Gillian McClure will be hosting two children's workshop at the National Centre for Writing on Wednesday 19 February.**

**See, Make & Do is all about getting families to experience the arts and explore their creativity. What inspired you to follow a career in the arts?**

As a Reception teacher, I was given a sum of money to spend on books for my class. I became so entranced by the picture books I discovered – the creative marrying of text, image and typography – that this set me on my way as an author and illustrator.

**What's the best piece of advice you received on your way up?**

I was told by a fellow illustrator to try and do everything in 'bite-size bits.' That way you have the satisfaction of having achieved something in your day and are not overwhelmed by the enormity of a new project.

**What advice would you give to anyone starting out on a creative journey?**

Never lose sight of the delight in what you are creating, even when the going gets hard. Also, be prepared to be flexible and open minded when you are working with an editor. You might not like the advice given but after a few days have lapsed, you start to see the sense of it.

**When you get stuck on a creative problem, how do you find a solution?**

I make myself stop struggling to solve the problem and just let everything settle. It's amazing how the brain then carries on working out what to do while you are relaxed and not consciously thinking about it. Have a note pad handy for when the solution does pop into your head; you might be away from your desk doing something quite different!

**If you had the time, what new creative project would you like to pursue?**

I've always wanted to try print making.

The New Wolsey Theatre, Ipswich is nationally renowned for its productions, projects, collaborations and touring work. It is a centre for creative learning of the highest quality, maximum diversity and greatest possible accessibility.

### New Wolsey Theatre

Civic Drive, Ipswich, IP1 2AS

Tel: 01473 295900  
wolseytheatre.co.uk

### New Wolsey Studio

St George's Street, Ipswich, IP1 3NF

# New Wolsey Theatre

**Saturday 15 February 11am & 1.30pm**

## Messy

Daisy's got a messy brain and a messy bedroom. No matter what she does, 'The Mess' just seems to follow her about! Which makes it very difficult to look for stuff. Important stuff. Like Mr Twiggy! Performed by a d/Deaf and hearing cast with Sign Supported English, Messy has been created in partnership with ADHD Foundation and all performances are relaxed.

4-8 years

**Tickets** £8, £5

New Wolsey Studio 11am & 1.30pm

**Saturday 15 February 2.30pm**

## Marvellous Mess Workshop

Daisy's going on another adventure, and this time, she needs you! Let's build a city... or a rocket... or a jungle... it's up to you.

4-8 years (adult supervision required)

**Free - booking required**

New Wolsey Studio 2.30pm

**Sunday 16 February 2pm**

## Shlomo's Beat Box Adventure for Kids

SK Shlomo is a world record-breaking beatboxer who makes all kinds of music using just his mouth and a mic.

**Tickets** £8, £5

**Sunday 16 February 3.15pm**

## Beat Box Workshop

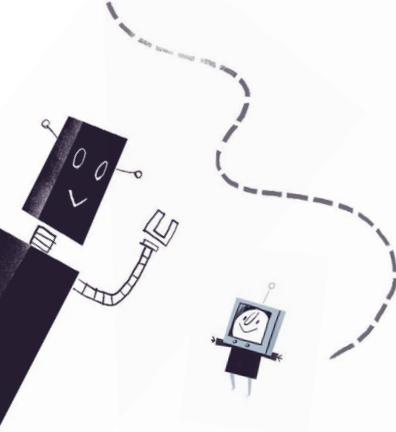
Shlomo shares his tricks and techniques in this fun, interactive workshop for all abilities.

5+ years

**Free - booking required**

(adult supervision required for under 12s)





**Monday 17 February**

## See, Make & Do

For one day only! Come to the theatre, get stuck into hands on activities and discover what goes on behind the scenes! Choose from just one activity or make a day of it – either way we'd love to see you!

**Workshops are Free but must be booked in advance as places are limited.**

## Come and Play Space (relaxed)

Drop into our play space at any time throughout the day to make stories, try on costumes, design a set, pose in our selfie station and get yourself some gory make up.

**10am & 11am**

## Storymaker (relaxed)

Join our Storymaker for some tremendous tales and exciting adventures. (BSL interpreted)

3-6 years  
(adult supervision required)

**11am & 3pm**

## Get Technical

Try your hand at lighting, sound, live effects and more.

All ages (adult supervision required for under 12s)

**12.30pm**

## Stage Combat

Discover the techniques of stage fighting from trained professionals.

7+ years

**1.45pm**

## Blood, Guts and Gore

A fantastically frightful workshop in the art of gory theatrical effects.

7+ years

**2pm**

## Robot Battle

Learn all about robotics, build your own Lego Technic robot and put your creation to the test in our battle arena in front of a live audience.

11+ years

**4pm**

## Robot Battle Finale

Join our audience to cheer on the robots created in our Robot Battle workshop as they go head to head.

All ages

**Tuesday 18 February**

**12 noon & 2pm**

## Box

Featuring impressive hand-balancing, playful acrobatics and a mysterious box of tricks, BOX offers a humorous and uplifting tale about sibling connection, competition and compassion.

4+ years

**Tickets** £8, £5

(12 noon will be a Relaxed Performance)

**3.15pm**

## Box Workshop

**Handstands: An introduction to being Upside Down**

Join us for a fun introduction to handstands, headstands and variations of both!

5-10 years

(adult supervision required)



Beatboxer and  
Music Producer

SK

# Shlomo



SK Shlomo is a world record-breaking beatboxer and music producer who has been described by The Guardian as, 'jaw-droppingly good'. The musician, who originally started out as a jazz drummer, has written for choirs, stage shows, films and adverts, as well as collaborating with Björk.

Shlomo is appearing at the New Wolsey Theatre on Sunday 16 February.

**See, Make & Do is all about getting families to experience the arts and explore their creativity. What inspired you to follow a career in the arts?**

I'm a beatboxer, which means I make music with my mouth - for me it originated from being a kid obsessed with drumming and not being allowed to practice my drums, so I used my voice instead.

**What's the best piece of advice you received on your way up?**

Don't do it for the money - if you persevere and innovate in the artform that you love, the money will come.

**What advice would you give to anyone starting out on a creative journey?**

Remember that failure is a key part of succeeding - don't let your setbacks put you off. Every single person you look up to is where they are now because they failed and learnt from it.

**When you get stuck on a creative problem, how do you find a solution?**

A change of scene can help - make a cup of tea or work on something else for a while. Your subconscious part of your brain is way cleverer, so let it work its magic instead of beating yourself up for getting stuck.

**If you had the time, what new creative project would you like to pursue?**

Right now, I'm making a brand-new gig-theatre show - it's a coming of age story about the history of rave, which I'm loving. I'm also planning to do a new studio project this month and to live stream the whole thing, just for fun.

## Snape Maltings

Snape, Saxmundham,  
IP17 1SP

01728 687110

snapemaltings.co.uk

## The Red House

Golf Lane, Aldeburgh,  
IP15 5PZ

01728 451700

brittenpears.org

## DanceEast

Jerwood DanceHouse,  
Foundry Lane, Ipswich,  
IP4 1DW

01473 295230

danceeast.co.uk

## National Centre for Writing

Dragon Hall, 115-123 King  
Street, Norwich, NR1 1QE

01603 877177

nationalcentreforwriting.org.uk

## New Wolsey Theatre

Civic Drive, Ipswich,  
IP1 2AS

01473 295900

wolseytheatre.co.uk

## Norwich Theatre Royal

Theatre Street, Norwich  
NR2 1RL

01603 630000

theatroyalnorwich.co.uk



By taking part in activities during See, Make & Do, families can complete Arts Award Discover and children can receive a certificate from Trinity College, London. Discover can be completed in one visit or spread out across several.

arts  
award

**SNAPE  
MALTINGS**



**DANCE  
EAST**

**N** National Centre  
for Writing



NORWICH  
**THEATRE**  
ROYAL



Illustrations by Adam Gale  
Design by Marcus Roth